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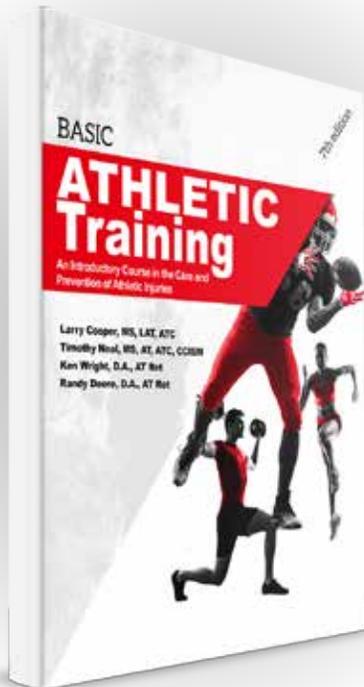
Basic Athletic Training, 7th ed.

An Introductory Course In The Care And Prevention Of Athletic Injuries

Larry Cooper, Timothy Neal, Ken Wright, Randy Deere

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Basic Athletic Training (7th ed.) has been written and edited by athletic trainers, allied health professionals, and physicians as a comprehensive introduction to current philosophies, procedures, and practices related to the care and prevention of athletic injuries.

Designed as a classroom textbook, *Basic Athletic Training* will prove to be challenging and rewarding for athletic training students and allied health professionals. It also serves as a reference guide for individuals concerned with the health and well-being of athletes. This text has been divided into 14 chapters and provides the reader with a step-by-step presentation of various duties and responsibilities of physicians, athletic trainers, and other licensed health care providers.

The Web-based educational videos and computer-assisted instructional materials allow the student to view dynamic aspects of joint anatomy (bones, ligaments, muscles), dermatomes and myotomes, basic treatment protocol, evaluation format, common injuries, and referral guidelines. Additionally, Chapters 6 to 12 explore various body structures and the prevention, evaluation, and treatment of injuries associated with these structures.

The Appendices will help the athletic training student become familiar with common words in the athletic training profession and with websites for health care and sports industry professionals. At the completion of the text, the athletic training student will have learned the basics of athletic training and have a working knowledge of common preventive, evaluation, treatment, and rehabilitation techniques in sports medicine.

Through this knowledge, the athletic training student will be better prepared to assist the physician and other licensed health care providers in caring for athletes and other physically active individuals. For high school students using this text, it is important to note that this book is to be used for instructional purposes only and you should not be providing athletic health care, treatments, or taping. You should also not be making decisions about return to play for your peers.

Additionally, athletic coaches, administrators, student athletes, and their parents can use this book as a resource guide to better understand specific sports-related injuries and emergency procedures and to increase knowledge about athletic training practices and career opportunities. It is the goal of this text to stimulate further learning in the identification, treatment and care, and prevention of sports-specific injuries.

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